

Personal Care Management Plan

Managing support

Staff work with families to plan support with continence care.

Students who require continence care which extends beyond normal procedures should have a Continence Care Plan and worksite Health Support Plan. The Care Plan, written by the treating health professional will give information about the reason for the incontinence and best strategies to support continence and where possible independence

The support plan will outline how the staff will do this, using a Toileting Care and Learning Plan

Staff support a toilet training programme as part of a full-time intervention plan recommended by a health professional. The family has full responsibility for toilet training programmes.

Staff are advised, where possible, to have another staff member within line of sight or hearing when toileting students to observe and confirm that child protection issues are addressed. Some students may require assistance from two staff members.

We endeavour to have teachers and support staff who provide personal care to be of the same sex as the student however this is not always possible. This will be documented in a students NEP.

If a student is agitated a “mental” risk assessment should be done to assess whether it is safe or indeed necessary to toilet at the time. If you do not believe, it is safe wait until the student calms.

Provision of continence management aids (disposable nappies) and changes of clothing is the responsibility of the family.

Safe work practices

- Wash hands before and after toilet support
- Wear gloves
- Have supplies/clothes in reach and accessible before starting change
- Wipe change area after change
- Wash students hands / encourage students to wash own hands
- Dispose of continence aids and wipes immediately
- Never leave a child unsupervised
- Creams and talcs can not be used unless part of plan
- Use change table if required